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Testing Urine

Learner Outcomes:

- Interpret the healthy function of human body systems and illustrate ways the body reacts to internal and external stimuli.
- Compile and display data, by hand or by computer, in a variety of formats, including diagrams, flow charts, tables, bar graphs or line graphs.

Key Terms:proteindiabetesglucosekidney failureBiuret solution

Background Information: Urine contains waste products, but sometimes other compounds can appear in the urine. Doctors can determine whether a patient has certain diseases by testing the urine. Normally, urine does not contain protein or glucose. Protein in the urine is a sign of kidney failure, and glucose in the urine is a sign of diabetes.

Research Question: What can we tell about the health of three fictitious patients, by testing their urine?

Hypothesis:

Materials:

6 test tubes Test tube rack Masking tape Pen Water Glucose solution Protein solution 3 simulated urine samples Tweezers Glucose test strips Paper towel 6 eyedroppers Biuret solution

Procedure:

- Label 6 test tubes according to patient number (1, 2, 3) and the control samples (water, protein, glucose) Add simulated urine, or the control substance to each test tube to a depth of about 5 -7 cm (half full).
- 2. Create a data table to record your results.
- 3. Using tweezers, dip a glucose strip into each of the samples. Record the color on the test strip, and use the glucose test strip chart to interpret your results.
- 4. Add 10 drips of Biuret solution to each of the samples. Swirl each tube gently and record the color in the test tube.

Observations: Create a data table for your results.

Analysis:

- 1. What color did the glucose strip turn when the glucose solution was added to it?
- 2. What color did the protein solution turn when the Biuret solution was added to it?
- 3. What was the purpose of the water sample?

- 4. Did any of the patient samples show any signs of diabetes? How did / would you know? What other symptoms might the patient have?
- 5. Did any of the patient samples show any signs of kidney failure? How did / would you know? What other symptoms might the patient have?
- 6. In this experiment, all samples were colorless. What would you expect to happen if you used real urine? How might this influence your tests?

Conclusion:

Extension:

1. Select either kidney failure or diabetes and create an informational pamphlet on this disease to tell patients about potential causes of the disease, symptoms of the disease, other tests / means to diagnose the disease, and treatments used to cure / manage the disease.