

# PLANNING FOR THE FUTURE

## PARENT GUIDE



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Transition Timeline for:



**STUDENT  
SUPPORT  
SERVICES**  
Elk Island Public Schools

# JUNIOR HIGH YEARS

## IT'S TIME TO:

### Age 11/12

- Ensure a transition plan to high school programming, including junior high completion date, appears in my son/daughter's IPP

### Age 13/14

- Attend a transition information session as the parent of a child with special needs who is transitioning to adult programming and begin to develop a transition plan for my son/daughter
- Contact Family Supports for Children with Disabilities (FSCD) to consider a contract to support my child through the teen years **Ph (780) 427 4354**
- Visit residential/service provider agencies in the community to discuss adult residential options and determine wait list time

## ADDITIONAL CONSIDERATIONS:

- Identify a family support person to assist me and provide support in advocating and applying for adult supports for my son/daughter
- Apply for a Social Insurance Number (SIN) for my son/daughter
- Establish a bank account for my child that can be used throughout high school and post-secondary
- Introduce my child/enhance his or her understanding of public transportation (if appropriate)
- Encourage my child's involvement in community activities (Special Olympics, Robin Hood Teen Night, etc.)
- Refer to *Transition Planning Protocol for Youth with Disabilities* (available to download off link at Alberta Education website: **[www.education.alberta.ca](http://www.education.alberta.ca)**)
- Contact Alberta Association for Community Living (AACL) for additional information and support **Ph (780) 451 3055**

# HIGH SCHOOL YEARS

## IT'S TIME TO:

### Age 15/16

- Establish a high school program completion date in consultation with school staff and ensure it appears in my child's IPP
- Contact Gateway Association for Community Living, which offers family support and informational workshops about visioning and transition planning **Ph (780) 454 0701**
- Develop a Transition Vision Plan for my child (Contact Gateway Assoc. for information and assistance)
- Obtain and complete an *"Application to Persons with Developmental Disabilities (PDD)"* **Ph (780) 427 2817**
- Book an appointment with a PDD Intake Coordinator

### Age 17

- Review and update the Transition Vision Plan for my son/daughter
- Ensure an updated educational assessment is available (if required)
- Ensure my son/daughter has a Social Insurance Number (SIN) and an individual bank account
- Contact PDD to ensure a coordinator is assigned; eligibility will be determined by your intake worker; copies of current school records and assessments may be required
- Apply for Guardianship and/or Personal Directive by contacting the Office of the Public Guardian **Ph (780) 427 0017**
- Apply for funding supports via Assured Income for the Severely Handicapped (AISH) **Ph (780) 415 6300**

### Age 18

- Review and update the Transition Vision Plan for my child
- Discuss my child's eligibility for financial supports via PDD (e.g., respite adult day programming, and residential supports)
- Obtain picture identification from Motor Vehicle Branch for my child

### Age 19

- Review and update the Transition Vision Plan for my son/daughter
- Finalize post-education arrangements including residence, day programs, and/or post-secondary education

## REFERENCES

Alberta Learning, *The Learning Team – A Handbook for Parents of Children with Special Needs*, 2003.

Alberta Education, Programming for Students with Special Needs Series (PSSN) Book 3, *Individualized Program Planning* (Chapter 8)

Alberta Children and Youth Initiative (ACYI), *Transition Planning Protocol for Youth with Disabilities – Your Guide to Reaching New Heights*, 2007.

Alberta Advanced Education and Technology, *Transition Planning Guide*, 2007.

Gary Bunch, Kevin Finnegan, Jack Pearpoint, *Planning for Real Life After School*, 2009.  
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